Castle Senior Living
Forest Hills

The Castle Gazette

108 25 Horace Harding Expressway • Forest Hills, NY 11368 • (718) 760-4600

September 2021

If you're like most people, the thing you savor most about Labor Day Weekend is the extra couple of days to relax and maybe even get away for a long weekend. But the holiday also provides an opportunity to reflect on all that hard work you've been putting in, no matter what your job title might be. "Our labour preserves us from three great evils — weariness, vice, and want." - **Voltaire** Enjoy your rest!

2021 marks the 20th anniversary. Dedicated to honoring those who died on that tragic day, each Sept. 11 is observed as Patriot Day and a National Day of Service and Remembrance.

Rosh Hashanah, which means "the head of the year," is the Jewish New Year. Rosh Hashanah is a two-day celebration that begins on the first day of Tishrei. Yom Kippur, the Day of Atonement, is the holiest day of the Jewish year. It concludes the 10 Days of Awe. The day is devoted to repentance for sins that were committed during the previous year. The seven days of Sukkot—celebrated by dwelling in the sukkah, taking the Four Kinds, and rejoicing. The final two days (or one in Israel) are Shemini Atzeret/Simchat Torah.

Department Heads

Executive Director	Sam Orzel
Patient Health Director	Martine Eveillard
ALP Director/Case Mgr.	Fara Rahman
Dir. Resident Service/Case Mgr.	Fareeda Mohammed
Business Office Manager	Galina Sorrentino
Administrative Assistant	Ella Yakubova
Building Services Director	Hernando Bravo
Comm. Relations Director	Valina Oswald
Director of Recreation	Cynthia L Huggins
Serenity Garden Coordinator	Jamila Grant
Food Service Supervisor	Nora Antonucci
Health Service Admin. Asst.	Marlene Talip
ALP Nurse	Angela Baruch

Castle Senior Living
Forest Hills

September 2021

JR Jewel Room
CA Common Area
FR Family Room
DR Diamond Dining Room
SR Sitting Room
CY Courtyard
PA Patio
★ "Yearn to Learn"
♪ Entertainment

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	WELCOME TO OUR CASTLE FAMILY Helen K., Gheorghe S., Ruben R., Johnniemae H., and George G. — **We are happy that you have chosen Castle as your home.**	**HAPPY BIRTHDAY** — Helen S. 9/01 Margaret W. 9/06 Leonard G. 9/08 Marion K. 9/08 Nariman A. 9/08 Anne O. 9/10 Gloria C. 9/15 Elena A. 9/17 Ardelia B. 9/18 Andrew H. 9/19 Patricia H. 9/20 Amparo C. 9/22 Dominic P. 9/24 Virginia H. 9/28 Richard C. 9/29	1 10:00 JR Exercise Session 10:30 JR Wacky Wordies or Bamboozables Answers	2 9:30 JR Exercise Session 10:00 JR Morning Devotion w/ St. Joseph 10:30 SR Discussion Group w/ Luann 2:00 JR Bingo Time	3 10:00 JR Exercise Session 10:30 JR Beyond Belief: "Fact or Fiction" You Be the Judge 2:00 JR Bingo 3:00 JR Happy Time Social	4 10:00 JR Exercise Session 10:30 SR Shabbat Service 2:00 JR Saturday Afternoon - A Special Prize Winning Bingo
5 9:00 FR & 10:00 Joel Osteen (Televised) 10:00 JR Exercise Session 10:45 JR Virtual Christian Service w/ Lemuel Haynes United Congregational Church	**LABOR DAY - EREV ROSH HASHANAH** 6 10:00 JR Exercise Sessions 11:30 DR 1st Seating Labor Day Luncheon 12:45pm Second Seating ♪ 2:00 PA Petting Zoo & Caricature 2:30 CY Snow Cones & Popcorn 7:00 SR Erve Rosh Hashanah Service	**ROSH HASHANAH** 7 9:30 JR Exercise Session 10:00 SR Rosh Hashanah Service 10:30 SR Discussion Group w/ Luann 2:00 JR Bingo (Feeling Lucky?) 3:00 JR Let's Socialize 7:00 SR Rosh Hashanah Service	**ROSH HASHANAH** 8 9:30 JR Exercise Session 10:00 SR Rosh Hashanah Service 10:30 JR Wacky Wordies or Bamboozables Answers 7:00 SR Rosh Hashanah Service	9 9:30 JR Exercise Session 10:00 JR Morning Devotion w/ St. Joseph 10:30 SR Discussion Group w/ Luann 2:00 JR Bingo Time	10 10:00 JR Exercise Session 11:00 JR Coffee & Tea w/ ED Sam, Remembering 911 (share your stories, share your thoughts)★ 2:00 JR Bingo 3:00 JR Social Time	**PATRIOT DAY** 11 9:45 JR Exercise Session 10:20 JR Virtual 9/11 Memorial Concert: Mozart Requiem ♪ 10:30 SR Shabbat Service
GRANDPARENTS DAY - NATIONAL ASSISTED LIVING WEEK - NATIONAL DAY OF ENCOUNTER "Show Compassion" 12 9:00 FR & 10:00 Joel Osteen (TV) 10:00 JR Exercise Session 10:45 JR Virtual Christian Service w/ Lemuel Haynes United Congregational Church	**NATIONAL ASSISTED LIVING WEEK** 13 10:00 JR Exercise Sessions 11:00 SR Compassion & Community Prayer w/ Chaplain Toles 2:00 JR Compassion, Community Bingo (the Odds are in My Favor)	**NATIONAL ASSISTED LIVING WEEK** 14 10:00 JR Exercise Session 10:30 SR Caring & Compassion Discussion w/ Luann 11:00 JR FOOD COMMITTEE MEETING Minutes will be posted 2:00 JR Bingo (Feeling Lucky?) 3:00 JR Let's Socialize	**EREV YOM KIPPUR - NATIONAL ASSISTED LIVING WEEK** 15 10:00 JR Exercise Session 10:30 JR Wacky Wordies or Bamboozables Answers 7:00 SR Kol Nidre Jewish Service	**YOM KIPPUR - NATIONAL ASSISTED LIVING WEEK** 16 9:30 JR Exercise Session 10:00 JR Community Devotion w/ St. Joseph 10:00 SR Yizkor Jewish Service 10:30 SR Discussion Group w/ Luann 2:00 JR Bingo Time 7:00 SR Evening Jewish Service	**NATIONAL ASSISTED LIVING WEEK** 17 10:00 JR Exercise Session 10:30 JR Beyond Belief: "Fact or Fiction" You Be the Judge 1:45 CA Love, Compassion & Caring On A Leash: Pet Therapy w/ Amy (In person visit) 2:00 JR Bingo 3:00 JR Happy Time Social	**NATIONAL ASSISTED LIVING WEEK** 18 10:00 JR Exercise Session 10:30 SR Shabbat Service 2:00 JR A Community Prize Winning Bingo
19 9:00 FR & 10:00 Joel Osteen (Televised) 10:00 JR Exercise Session 10:45 JR Virtual Christian Service w/ Lemuel Haynes United Congregational Church	**EREV SUKKOT** 20 10:00 JR Exercise Sessions 11:00 SR Virtual Afternoon Prayer & Devotion w/ Chaplain Toles 7:00 SR Evening Jewish Service	**SUKKOT** 21 9:30 JR Exercise Session 10:00 FR 1st Day of Sukkot Service 10:30 SR Discussion Group w/ Luann 2:00 JR Bingo (Feeling Lucky?) 3:00 JR Let's Socialize 7:00 JR Evening Jewish Service	**SUKKOT - AUTUMN BEGINS** 22 9:30 JR Exercise Session 10:00 JR 2nd Day of Sukkot Service 10:30 JR Wacky Wordies or Bamboozables Answers 7:00 SR Evening Jewish Service	**SUKKOT** 23 9:30 JR Exercise Session 10:00 JR Morning Devotion w/ St. Joseph 10:30 SR Discussion Group w/ Luann 2:00 JR Bingo Time	**SUKKOT** 24 10:00 JR Exercise Session 10:30 JR Ray Charles in Concert born September 23, 1930★ 2:00 JR Bingo 3:00 JR Happy Time Social	**SUKKOT** 25 10:00 JR Exercise Session 10:30 SR Shabbat Service
SUKKOT 26 9:00 FR & 10:00 Joel Osteen (Televised) 10:00 JR Exercise Session 10:45 JR Virtual Christian Service w/ Lemuel Haynes United Congregational Church	**SUKKOT - EREV SHEMIN ATZERET - HAPPY BIRTHDAY SEPTEMBER BABIES!** 27 9:30 JR Exercise Sessions 11:00 SR Afternoon Prayer & Devotion w/ Chaplain Toles (In Person) 2:00 JR Bingo (the Odds are in My Favor) 3:00 CA September Birthday Party♪ 7:00 SR Shemini Atzeret Service	**SHEMIN ATZERET - EREV SIMCHAT TORAH** 28 9:30 JR Exercise Session 10:00 SR Yizkor Jewish Service 10:30 SR Discussion Group w/ Luann 2:00 JR Bingo (Feeling Lucky?) 3:00 JR Let's Socialize 7:00 SR Evening Jewish Service	**SIMCHAT TORAH** 29 9:30 JR Exercise Session 10:00 SR Simchat Torah Jewish Service 10:30 JR Wacky Wordies or Bamboozables Answers 7:00 SR Evening Jewish Service	30 9:30 JR Exercise Session 10:00 JR Morning Devotion w/ St. Joseph 10:30 SR Discussion Group w/ Luann 2:00 JR Bingo Time		**STAFF** Recreation Assistants Amina, Rachel, Bill, Nigina Recreation Director Cynthia Huggins 718-760-4600 x2340 — **OFFICE BANKING HOURS Mon-Fri** 10:00am - 12:00pm & 2:00pm - 4pm

OUT: Shopping trips & rides will be posted. Activities (must wear mask) last approx. 1 hour and are subject to change. Thank you!

The residents boarded the Castle bus on a beautiful evening to attend an outdoor concert featuring A Neil Diamond Tribute. The pictures show the enjoyment that was had. They sang along, danced and enjoyed some snacks. A wonderful evening out. Interested in trips? All trips are posted on the monitor. PICS BELOW: The residents celebrated their July Birthday. They enjoyed dancing to live entertainment and being presented with a delightful taste of their Birthday cake! Don't forget every month to pick up your Gazette at the front desk.

"INFORMATION CORNER"

Uplift and Inspire: Whether it's a kind word, helpful tip, an elbow dap, or a smile, inspire those around you on the National Day of Encouragement, September 12.

HAPPY GRANDPARENTS DAY: *"Love is the greatest gift that one generation can leave to another."*— Richard Garnett

"Everyone needs to have access both to grandparents and grandchildren in order to be a full human being."— Margaret Mead.

On September 12 call your loved one, so they can talk with their legacy. Make a special effort to connect your children to their grandparents this month. It will enrich the older and young.

It's Jacket Time: Autumn begins this month, which means cooler temperatures are on the way. Please remember to grab a jacket or sweater to bring along on our fall outings—you don't want chilly air to spoil a fun time! Even in the fall, remember to Stay Hydrated!

A SHINING STAR: Mildred P. was born in Virginia to loving, hardworking parents. She grew up with 4 siblings, Rosetta, Earlene, Margie and Anthony. She has fond memories of her family. They appreciated their big sister Margie always helping them and keeping them clean. She was like a mother to them. Her father moved the family to Philadelphia due to work. In school, Mildred enjoyed English, writing and reading and was good at it. After graduating high school Mildred came to NY. She attended beauty school. She then gained employment as a secretary and later became a teacher aide. She received an award for her services as a teacher aide & another from her church, a plaque in her name for her dedicated services. Mildred had a boyfriend she was very fond of. They enjoyed each other's company and traveled together. Although Mildred never married, by choice, and only has one remaining sister, Earlene, she is happy with her life and feels blessed. She has 2 daughters,... CONT.: to the right

Cont.: ... Sheena and Shemal that take good care of her, and a wonderful, unique and smart grandson, Wade. She is blessed with a loving family. Mildred joined our Castle family in 2019. She is a vibrant and kind woman with a beautiful smile. She enjoys reading her Bible and giving praise to God. She keeps in touch by phone and likes watching "Perry Mason" and "Lone Ranger". Mildred says, "The staff is amazing. Sam couldn't have picked a better team. I am grateful I'm here." Thank you, Mildred, for joining our family!!!

Illustratus
www.illustratus.com
UHLIG Copyright © 2021 by Uhlig LLC