Castle Senior Living

Forest Hills

The Castle Gazette

108 25 Horace Harding Expressway • Forest Hills, NY 11368 • (718) 760-4600

May 2021

Ladies of Castle. Join us in the Dining Room. For a Mother's Day Lunch, a Rose and Entertainment.

Doctor Appointment Tip

Before a doctor visit, write down any questions you have and put them in order of importance, so you remember to ask them. If you're seeing a doctor for a specific ailment, bring a list of your symptoms rather than trying to recall them when you get there.

Department Heads

Executive Director	Sam Orzel
Patient Health Director	Martine Eveillard
ALP Director/Case Mgr.	Fara Rahman
Dir. Resident Service/Case Mgr.	Fareeda Mohammed
Business Office Manager	Galina Sorrentino
Administrative Assistant	Ella Yakubova
Building Services Director	Hernando Bravo
Comm. Relations Director	Valina Oswald
Director of Recreation	Cynthia L Huggins
Serenity Garden Coordinator	Jamila Grant
Food Service Supervisor	Nora Antonucci
Health Service Admin. Asst.	Marlene Talip
ALP Nurse	Angela Baruch

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JR Jewel Room
YR Your Room
DR Diamond Dining Room
■ Resident Council Meeting
☕ Food Committee Meeting

★ "Yearn to Learn"
♪ Entertainment
Virtual Show

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		WELCOME TO OUR CASTLE FAMILY — Jose I., Kathleen K., Barbara S., Virginia K., and Kathleen M. — We are happy that you chose Castle as your home!	**HAPPY BIRTHDAY** Vita M. 5/01 Elizabeth B. 5/03 John E. 5/04 Jose C. 5/06 Tony M. 5/06 Edda W. 5/07 Andres F. 5/07 Wilfredo R. 5/08 Jose V. 5/15	**HAPPY BIRTHDAY** Mildred P. 5/15 John V. 5/19 Mazaltul I. 5/23 Kirby L. 5/24 George G. 5/24 Joanne P. 5/25 Catherine P. 5/26 Miriam A. 5/30	**STAFF** Recreation Assistants Amina, Rachel, Bill Recreation Director Cynthia Huggins 718-760-4600 x2340 — **OFFICE BANKING HOURS Mon-Fri** 10:00am - 12:00pm & 2:00pm - 4pm	1 10:00 JR Exercise Session Sign Up at Front Desk 10:30 JR Saturday Devotion & Prayer with The Rock Church 2:00 JR Saturday Afternoon - A Prize Winning Bingo
2 9:00 YR & 10:00 Joel Osteen (Televised) 10:00 JR Exercise Session: Sign Up at the Front Desk 4:00 Activity Packet 49 with Answers to Packet 48 Will Be Given Out	3 10:00 JR Exercise Sessions Sign Up at the Front Desk 1:15 "Castle Nails" (by appointment only) 4:00 A 1st FL. C 2nd FL. Rec Visit	4 10:00 JR Exercise Session Sign Up at Front Desk 11:00 JR Weekly Article: This Was The Year...1967 Discussion 2:00 JR Bingo 4:00 C Building 1st FL. Recreation Visit	5 9:45 JR Exercise Session Sign Up at Front Desk 10:30 JR Virtual Morning Prayer w/ St. Joseph's Episcopal Church 1:45 YR Virtual Pet Therapy w/ Amy 4:00 2nd & 3rd FL. B Building Recreation Visit	6 10:00 JR Exercise Session Sign Up at Front Desk 1:30 YR Virtual Afternoon Prayer & Devotion w/ Chaplain Toles 4:15 4th & 5th FL.B Building Recreation Visit	7 10:00 JR Exercise Session Sign Up Front Desk 10:30 JR Beyond Belief: "Fact or Fiction" You Be the Judge 2:00 JR Bingo 3:00 JR Wacky Wordies or Bamboozables Review 4:00 YR 6th & 7th Fl. Recreation Visit	8 10:00 JR Exercise Session Sign Up at Front Desk 2:00 JR Saturday Afternoon - A Prize Winning Bingo
Mother's Day 9 9:00 YR & 10:00 Joel Osteen (TV) 10:00 JR Exercise Session: Sign Up at the Front Desk 11:30 DR 1st & 2nd Seating Mother's Day Observance 4:00 Activity Packet 50 with Answers to Packet 49 Will Be Given Out	10 10:00 JR Exercise Sessions Sign Up at the Front Desk 2:00 JR Bingo 4:00 A Building 1st FL. C 2nd Building FL. Rec Visit	11 10:00 JR Exercise Session Sign Up at Front Desk 11:00 FOOD COMMITTEE MEETING (Limited Seating, Sign Up Required) Minutes of Meeting will be available & posted ☕ 2:00 JR Bingo 4:00 C Building 1st FL. Recreation Visit	12 9:45 JR Exercise Session Sign Up at Front Desk 4:00 2nd & 3rd FL. B Building Recreation Visit	13 10:00 JR Exercise Session Sign Up at Front Desk 1:30 YR Virtual Afternoon Prayer & Devotion w/ Chaplain Toles 4:15 4th & 5th FL.B Building Recreation Visit	14 10:00 JR Exercise Session Sign Up Front Desk 10:30 JR Biography of Billy Joel born May 9, 1949★ 2:00 JR Bingo 3:00 JR Wacky Wordies or Bamboozables Review 4:00 YR 6th & 7th Fl. Recreation Visit	15 10:00 JR Exercise Session Sign Up at Front Desk 2:00 JR Saturday Afternoon - A Prize Winning Bingo
16 9:00 YR & 10:00 Joel Osteen (Televised) 10:00 JR Exercise Session: Sign Up at the Front Desk 2:00 JR Girl Scout Spring Virtual Show 4:00 Activity Packet 51 with Answers to Packet 50 Will Be Given Out	17 10:00 JR Exercise Sessions Sign Up at the Front Desk 1:15 "Castle Nails" (by appointment only) 4:00 A 1st FL. C 2nd FL. Rec Visit	18 10:00 JR Exercise Session Sign Up at Front Desk 11:00 JR Weekly Article: May In History Discussion 2:00 JR Bingo 4:00 C Building 1st FL. Recreation Visit	19 9:45 JR Exercise Session Sign Up at Front Desk 10:30 JR Virtual Morning Prayer w/ St. Joseph's Episcopal Church 1:45 YR Virtual Pet Therapy w/ Amy 4:00 2nd & 3rd FL. B Building Recreation Visit	20 10:00 JR Exercise Session Sign Up at Front Desk 1:30 YR Virtual Afternoon Prayer & Devotion w/ Chaplain Toles 4:15 4th & 5th FL.B Building Recreation Visit	21 10:00 JR Exercise Session Sign Up Front Desk 10:30 JR Beyond Belief: "Fact or Fiction" You Be the Judge 2:00 JR Bingo 3:00 JR Wacky Wordies or Bamboozables Review 4:00 YR 6th & 7th Fl. Recreation Visit	22 10:00 JR Exercise Session Sign Up at Front Desk 2:00 JR Saturday Afternoon - A Prize Winning Bingo
23 10:00 JR Exercise Session: Sign Up 4:00 Activity Packet 52 with Answers to Packet 51 Will Be Given Out	Happy Birthday All May Babies! 24 10:00 JR Exercise Sessions Sign Up 3:00 YR "Cake Cutting" (for all May Birthdays) 4:00 A 1st FL. C 2nd FL. Rec Visit	25 10:00 JR Exercise Session Sign Up at Front Desk 11:00 JR "Reminiscing Corner"/Trivia 2:00 JR Bingo 4:00 C Building 1st FL. Recreation Visit	26 9:45 JR Exercise Session Sign Up at Front Desk 2:00 RESIDENT COUNCIL MEETING (Limited Seating, Sign Up Required) Minutes of Meeting will be available & posted■ 4:00 2nd & 3rd FL. B Building Recreation Visit	27 10:00 JR Exercise Session Sign Up at Front Desk 1:30 YR Virtual Afternoon Prayer & Devotion w/ Chaplain Toles 4:15 4th & 5th FL.B Building Recreation Visit	28 10:00 JR Exercise Session Sign Up Front Desk 10:30 JR Biography of Stevie Wonder born May 13, 1950★ 2:00 JR Bingo 3:00 JR Wacky Wordies or Bamboozables Review 4:00 YR 6th & 7th Fl. Recreation Visit	29 10:00 JR Exercise Session Sign Up at Front Desk 2:00 JR Saturday Afternoon - A Prize Winning Bingo
30 10:00 JR Exercise Session: Sign Up 4:00 Activity Packet 53 with Answers to Packet 52 Will Be Given Out	Memorial Day 31 10:00 JR Exercise Sessions Sign Up 11:30 Memorial Day Lunch 1st Seating & 2nd Seating♪					

Please be advised, all activities will have restrictions (Mask, Limited Seating, Sign Up Required, Safe Distancing) and are Subject to Change. Thank you!

The residents were so grateful to be able to have some level of celebration for the holidays they hold dear. We observed the 1st & 2nd Seder, Christian Devotion for Good Friday & Palm Sunday and Easter. Our April B-Day Babies shown with their cake & smile. Priceless!

Keeping You Informed: We are continuing to closely monitor the evolving situation caused by COVID-19. Our top priority is the safety and well-being of our residents & staff. To help protect health and safety, and following the recommendations of the Centers for Disease Control and Prevention, there's limitations to visits, large community gatherings, and resident outings. The residents are closely monitored and team members, essential outside care providers and vendors are being screened daily and tested every week. Safety is our concern.

Remember When: Tupperware Beverages, a bite to eat, a few party games and friendly conversation at someone's home were the perfect mix for a Tupperware party. In the 1950s and '60s, these ladies' gatherings to demonstrate & sell the brand of newly patented plastic food-storage containers. This provided many women, especially housewives, with a way to start their own businesses.

Years following the bitter Civil War, a former Union general took a holiday originated by former Confederates in 1866 and helped spread it across the entire country. Memorial Day, was adopted by the United States in 1868. It is a holiday in which the nation honors its military dead. One year in Columbus, Georgia, many southern participants, especially women decorated graves of Confederate soldiers as well as, unexpectedly, those of their former enemies who fought for the Union. The action of the ladies, burying whatever animosities may have been between the North and the South. Francis Miles Finch, a Northern judge and poet wrote "The Blue and the Gray." "They banish our anger forever when they laurel the graves of our dead" was one of the lines. The poem circulated across America and in the 1867, the southern Memorial Day holiday was a familiar phenomenon throughout the entire, & recently reunited, country. Soldiers Honored!

A SHINING STAR - Lawrence Li., born in Indonesia, has 10 brothers and sisters, and always enjoyed going to school. When not in his studies, he enjoyed a good game of tennis. He graduated high school and at the age of 18 he attended a university in Hong Kong. Lawrence worked as a diplomat for China and taught in Vietnam for a number of years. In the mid '90s he migrated to the United States of America. China, Europe and Russia are some of the places he has traveled. Lawrence met and married Sue Wo, and were blessed with two sons, Kin, Ben and a Daughter, Lin. Lawrence acquired a teaching position in the math department at the Borough of Manhattan Community College. He enjoys foods from all different cultures. Lawrence joined our Castle family in 2019. He is a pleasant humble man and appreciates all that is done for him. He enjoys exercising and listening to music. He says, "Everything is good". Thank you Lawrence for choosing Castle as your home!

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